



Dear Friends,

Rosh Hashana is upon us. Given the last few years, it is such a blessing to gather *in-person* with family and friends to celebrate the Jewish New Year. For many of us, the pandemic and quarantine seem like a distant and bad dream. For others, the instability and fear caused by the pandemic has only increased.

In May of 2023, the COVID-19 Public Health Emergency (PHE) Act expired. This program provided thousands of families in our region, including JCADA's clients, with crucial safety nets—health insurance, eviction protections, electric and utility, and internet bill assistance, etc. The decrease in support leads to an increase in stress, which translates into an increase in violence and trauma.

Victims and survivors of intimate partner violence (IPV)—who suffered greatly during the pandemic as a result of quarantining with their abuser—need JCADA's help now more than ever.

Our 100% free services make recovery real for vulnerable individuals and families in our community.

Here is one such success story from a recent JCADA client, Liora*.

Liora first came to JCADA while she was trapped in a physically, emotionally, and spiritually abusive marriage. Her situation was further impacted by years of financial abuse during which Liora had very little access to funds, and her husband made her responsible for significant debts.

After years of being abused, and as the danger in her household was escalating, she sought help from her rabbi for herself and her young daughter. Thanks to training he received from JCADA, her rabbi was able to identify the abuse and knew to contact JCADA. JCADA arranged for Liora to meet with staff from our Counseling, Victim Advocacy, and Legal teams. These professionals worked side-by-side with Liora to set up a safety plan, so she could leave her abusive marriage and establish safety and stability for herself and her daughter.

JCADA provided Liora with financial assistance grants, to help with everything from relocation expenses to keeping food on the table. JCADA helped Liora secure an interest free loan through our partner agency, the Hebrew Free Loan Association, so she could pay off her debts and legal fees.

Liora and her daughter are now safe from her abuser, living independently, and in close contact with JCADA for ongoing support.

With support from individuals like you, JCADA has been able to offer Liora and our 843 clients over the last year the following:

- Stabilization sessions to determine next steps for immediate safety;
- Mental health counseling and emotional support services;
- Access to food, housing, health care, and other essentials for daily living; and
- Legal counseling and support for protective orders and crime victim rights.

However, we cannot offer any of the above help to our clients without our incredible staff. Your support helps JCADA attract and keep our group of talented and dedicated case managers, educators, attorneys, mental health counselors, and non-profit professionals. Since healing from trauma is a long-term endeavor, it's important that JCADA maintains consistency in our staffing and programming in order to build lasting, trusting, and successful relationships with our clients and the community.

We hope you will join us in starting the Jewish New Year, by giving financial support to JCADA. There are three easy ways to contribute:

1. [Donate Monthly](#) and become a JCADA Hero!
2. [One Time Donation](#)
3. [Gift Card Donation](#)

Regardless of the amount, duration, or type, JCADA is grateful for your contributions. **Thank you for making recovery real** for neighbors, friends, colleagues, congregants, and the community at large. We wish you and yours health and happiness in the New Year.

L'Shana Tova!

With Gratitude,



Amanda Katz
JCADA Executive Director



Amy Lancellotta
JCADA Board President

** Name changed to protect client privacy.*