Intimate Partner Violence

What is IPV?

Intimate partner violence (IPV) is abuse or coercion that occurs in a romantic relationship. “Intimate partner” refers to both current and former spouses, dating and regular sexual partners. IPV can range from one episode of violence with lasting impact to chronic and severe episodes over multiple years. IPV includes a wide variety of abusive or violent behaviors and can include but is not limited to:

- Physical Violence
  - Ex. punching, hitting, kicking, restraining

- Verbal/Emotional Abuse
  - Ex. insulting, blaming, gaslighting

- Sexual Violence
  - Ex. sexual assault, sexual coercion, groping

- Technological Abuse
  - Ex. tracking location, demanding passwords

- Stalking
  - Ex. following, watching, tracking location

- Financial Abuse
  - Ex. preventing money access, forcing debt

- Identity Abuse
  - Ex. outing sexuality, insulting race, gender, etc.

- Spiritual Abuse
  - Ex. preventing or forcing religious practices

How Common is IPV?

1 in 4 women
1 in 7 men
have been victims of severe physical violence (e.g. beating, burning, strangling) by an intimate partner in their lifetime.

On a typical day, there are more than 20,000 calls made to domestic violence hotlines nationwide.

Intimate partner violence accounts for 15% of all violent crime.

References: NCADV, “National Statistics”, 2018
From an outsider's perspective, leaving might seem like an easy choice. But that is far from true. In fact, leaving or attempting to leave is the most physically dangerous time in an abusive relationship. Survivors also face many other barriers besides fear of violence. Although each survivor's story is unique, here are some of the most common reasons people stay:

**Why Do Survivors Stay?**

- Financial dependence
- Children/Pets
- Hope abuse will stop
- Shame, Guilt, Blame
- Lack of external support
- Cultural, familial, and/or societal pressures

**Additional Barriers for Jewish Survivors**

- Lack of resources like kosher food in shelters
- Belief IPV doesn't occur in Jewish community
- Pressure to maintain Shalom Bayit (peace in the home)
- Family and community pressure

**Need Support?**

To access JCADA’s services, send us a confidential message:

1-877-885-2232  support@jcada.org

**Let's Learn Together!**

Schedule an education program for a group of Jewish teens or adults!

jcada.org/education