## Intimate Partner Violence



### What is IPV?

Intimate partner violence (IPV) is abuse or coercion that occurs in a romantic relationship. "Intimate partner" refers to both current and former spouses, dating and regular sexual partners. IPV can range from one episode of violence with lasting impact to chronic and severe episodes over multiple years. IPV includes a wide variety of abusive or violent behaviors and can include but is not limited to:

#### **Physical Violence**

Ex. punching, hitting, kicking, restraining

#### **Sexual Violence**

Ex. sexual assault, sexual coercion, groping

#### **Stalking**

Ex. following, watching, tracking location

#### **Identity Abuse**

Ex. outing sexuality, insulting race, gender, etc.

#### **Verbal/Emotional Abuse**

Ex. insulting, blaming, gaslighting

#### **Technological Abuse**

Ex. tracking location, demanding passwords

#### Financial Abuse

Ex. preventing money access, forcing debt

#### **Spiritual Abuse**

Ex. preventing or forcing religious practices

# 1 in 4 women 1 in 7 men have been victims of severe physical violence (e.g.

physical violence (e.g. beating, burning, strangling) by an intimate partner in their lifetime.

# How Common is IPV?



On a typical day, there are more than

20,000

calls made to domestic violence hotlines nationwide.



Intimate partner violence accounts for

**15%** 

of all violent crime.

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# Why Do Survivors Stay?

From an outsider's perspective, leaving might seem like an easy choice. But that is far from true. In fact, leaving or attempting to leave is the most physically dangerous time in an abusive relationship. Survivors also face many other barriers besides fear of violence. Although each survivor's story is unique, here are some of the most common reasons people stay:



Financial dependence



Children/Pets



Hope abuse will stop



Shame, Guilt, Blame



Lack of external support



Cultural, familial, and/or societal pressures

# **Additional Barriers for Jewish Survivors**



Lack of resources like kosher food in shelters



Belief IPV doesn't occur in Jewish community



Pressure to maintain Shalom Bayit (peace in the home)



Family and community pressure

#### **Need Support?**

To access JCADA's services, send us a confidential message:



1-877-885-2232



support@jcada.org

#### Let's Learn Together!

Schedule an eduation program for a group of Jewish teens or adults!



jcada.org/eduation