Get Support:

**Love Is Respect**
What: Teen dating violence
Call: 866-331-9474
Text: "loveis" to 22522

**Teen Line**
What: Teen mental health peer support
Call: 800-852-8336
Text: "TEEN" to 839-863

**The Trevor Project**
What: LGBTQ+ youth mental health
Call: 1-866-488-7386
Text: 678-678

Want more information about teen dating violence? Check out these online resources

Get Information:

**Love Is Respect**
What: Teen dating violence, healthy relationships
https://www.loveisrespect.org/

**OneLove**
What: Teen dating violence, healthy relationships
https://www.joinonelove.org/

**Safety Net Project**
What: Technological abuse and technology safety
https://www.techsafety.org/resources

**Break the Cycle**
What: Teen dating violence
https://www.breakthecycle.org/

If talking to someone in-person isn’t the right choice for you, check out these options

JCADA thanks our generous funders! Please see our website www.jcada.org for a list of the agencies whose funding supports the development of all documents, training, workshops, and services produced by JCADA.