Intimate Partner Violence (IPV) is abuse or aggression that occurs in a romantic and/or sexual relationship. “Intimate partner” refers to both current and former spouses, dating and regular sexual partners. IPV comes in many different forms including:

**Physical Violence**
- Ex. punching, hitting, kicking, restraining

**Psychological Abuse**
- Ex. insulting, blaming, gaslighting

**Sexual Violence**
- Ex. sexual Assault, sexual coercion, groping

**Spiritual Abuse**
- Ex. preventing or forcing religious practices

**Stalking**
- Ex. following, watching, tracking location

**Technological Abuse**
- Ex. tracking location, denying tech access

**Financial Abuse**
- Ex. preventing money access, forced debt

**How Common is IPV?**

1 in 4 Women

1 in 10 Men

have experienced sexual violence, physical violence, and/or stalking by an intimate partner.¹

20,000+
calls are placed to domestic violence hotlines every day.²

15-25% of Jewish households experience IPV*.³

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1. CDC, “Fast Facts: Preventing Intimate Partner Violence”, 2021
2. NCADV, “National Statistics”, 2018
Why Do Survivors Stay?

From an outsider's perspective, leaving might seem like an easy choice. But that is far from true. In fact, leaving or attempting to leave is the most physically dangerous time in an abusive relationship. Survivors also face many other barriers besides fear of violence. Although each survivor's story is unique, here are some of the most common reasons people stay:

- Financial dependence
- Children/Pets
- Hope abuse will stop
- Shame, Guilt, Blame
- Lack of external support
- Cultural, familial, and/or societal pressures

Additional barriers for Jewish Survivors

- Lack of resources like kosher food in shelters
- Belief IPV doesn't occur in Jewish Community

References
1. CDC, "Fast Facts: Preventing Intimate Partner Violence", 2021
2. NCADV, "National Statistics", 2018

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